

MATTHEW LEE SMITH, PHD, MPH, CHES, FGSA, FAAHB

Matthew Lee Smith, PhD, MPH, CHES, FGSA, FAAHB, is the co-director of the Texas A&M University Center for Population Health and Aging (CPHA). He is an associate professor in the Texas A&M School of Public Health. Smith serves as the lead of the Texas Active for Life® Coalition, and the Texas Research, Analytics, and Innovations Lab (TRAIL). He holds leadership roles in organizations including the Gerontological Society of America (GSA), American Public Health Association (APHA), American Society on Aging (ASA), and American Academy of Health Behavior (AAHB). Smith is a Fellow of AAHB and GSA, recipient of multiple national awards (early career, leadership in aging, mentorship), and has received numerous innovative program and best paper awards.



Recognizing health status is influenced by a vast interconnected set of social, behavioral, and environmental determinants, Smith has devoted his career to create synergistic partnerships and initiatives to encourage positive lifestyles and reduce rates of preventable morbidity and mortality. His research and evaluation efforts investigate socio-ecological impacts on health risk behaviors across the life-course, with a specific emphasis on social isolation and evidence-based programming for older adults (e.g., fall prevention, disease self-management). Smith has established expertise in the evaluation of programs and innovations pertaining to an array of public health issues.

Smith's research and evaluation foci surround the reach, adoption, implementation, effectiveness, and maintenance of evidence-based programs and policies. His efforts examine the feasibility of delivering evidence-based programs in diverse settings as well as their implementation with fidelity, scalability, and sustainability. Smith's ability to form interdisciplinary collaborations affords him opportunities to apply his translational research and evaluation experience to bridge research and practice issues among the healthcare sector, aging services network, and public health system. His research efforts have been funded by many organizations including the National Institutes of Health (NIH), Administration on Aging (AoA), National Council on Aging (NCOA), Centers for Disease Control and Prevention (CDC), and Centers for Medicare and Medicaid Services (CMS).

Smith has secured \$10.3 million in extramural funding as a principal investigator and has been an investigator and/or evaluator for funded research projects totaling almost \$62 million. Currently, he is a principal investigator for a five-year NIH-funded R01 project to examine the influence of Chronic Disease Self-Management Program (CDSMP) workshops specifically tailored to workplace settings on health outcomes, work performance, and productivity indicators. His other translational efforts have been applied to over 20 evidence-based programs including the Otago Exercise Program, A Matter of Balance, Fit & Strong!, EnhanceFitness, Stepping On, and the STEADI toolkit.

Smith has (co-) authored over 260 peer-reviewed publications in scholarly journals, received over 20 research-based awards, and delivered over 450 conference presentations and invited lectures. He received his bachelor's degree in Public Health Education and Master of Public Health (MPH) from Indiana University-Bloomington and his doctoral degree in Health Education from Texas A&M University. He also completed a postdoctoral fellowship at the Texas A&M School of Rural Public Health.

For more information:

- Research Gate: www.researchgate.net/profile/Matthew_Smith145
- Texas A&M: sph.tamhsc.edu/eoh/faculty/smith-bio.html
- CPHA: cpa.tamhsc.edu



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