

Curriculum Vitae

Ninfa Peña-Purcell, Ph.D., MCHES
Professor and Health Specialist

April 2021



This Curriculum Vitae being submitted is correct and current as of
December, 2020.

Handwritten signature of Ninfa Peña-Purcell in cursive script, positioned above a horizontal line.

Ninfa Peña-Purcell, Ph.D., MCHES

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Ninfa Peña-Purcell, Ph.D., MCHES
CURRICULUM VITAE

PROFESSIONAL AND ACADEMIC EXPERIENCE

Education

Ph.D., Texas Woman's University, Denton, Texas. Department of Health Studies; Major Area: Health Studies, 2005

M.S., University of Texas at El Paso, El Paso, Texas. Department of Kinesiology; Major Area: Worksite Health Promotion, 1997

B.S., University of North Texas, Denton, Texas. Department of Political Science; Major Area: Political Science, 1978

Experience

10/2020 – Present

Professor, Research Scientist, Texas A&M University.

Designs, performs, and analyzes experiments consistent with research project objectives. Conducts independent research aligned with the Center for Population Health and Aging's mission. Maintains detailed records of procedures and data. Prepares data for publication and presentation. Writes research grants and proposals to acquire external funding. Develops procedures to improve efficiency and accuracy of research data collection and analyses. Maintains expertise with the latest hardware and software technologies for statistical and numerical data analyses. Collaborates with external partners to implement community-based chronic disease prevention and management education activities, particularly among minority populations. Attends scientific meetings and seminars for research enhancement. Mentors students on analyzing and preparing data results. Performs other duties as assigned.

09/2007 – 09/2020

Professor/Health Specialist, Texas A&M AgriLife Extension Service, Family and Community Health, Texas A&M System, College Station, Texas. Provide national and international leadership in disseminating research-based, practical health education programs and resources. Collaborate with community-based organizations to identify needs, plan appropriate interventions, and assist with evaluation. Conduct evaluation research and research trials in conjunction with county agents, research counterparts, and clientele. Provide expertise in chronic disease prevention and management, diabetes, and worksite health promotion to clientele organizations, state and federal agencies, and other groups at state, regional, national, and international levels. Engage in scholarly activities including applying for competitive extramural grants and managing funded projects.

09/2011 – Present

Adjunct Assistant Professor, Texas A&M Health Science Center School of Public Health, College Station, Texas. Conduct guest lectures on community health practice and research. Serve on dissertation committees. Serve as site preceptor for public health student interns.

08/2005 – 08/2007

Assistant Visiting Professor, Texas Woman's University, Department of Health Studies, Denton, Texas. Researched, planned, and wrote course curriculum for online and traditional courses. Taught three to four courses per

semester. Served as instructor to the following courses:

- HS 1373 Community Health
- HS 2013 Health Communications
- HS 2273 Drug Abuse and Misuse
- HS 3083 Program Evaluation
- HS 3373 Stress Management
- HS 3383 Health Promotion for the Child
- HS 5113 Curriculum Development
- HS 5423 Cultural Diversity in Health
- HS 6423 Strategies in Health Education Delivery
- HS 6483 Program Evaluation (Graduate)

08/1998 – 05/2005

Instructor, University of Texas at El Paso, Department of Health Promotion, El Paso, Texas. Developed and wrote course curriculum. Supervised at least six community health interns per semester. Instructed two to five courses per semester. Served as instructor to the following courses:

- HP 1301 Foundations of Health Education
- HP 2303 Wellness Dynamics
- HP 3303 Current Health Issues
- HP 4600 Community Health Practicum

08/1994 – 09/2006

Director/Instructor, Group Exercise Program, El Paso, Texas.

Maintained and operated a Christian-based group exercise program, *Soul Stretch Fitness*. Provided health-related presentations to church and civic organizations. Conducted fitness assessments and health enhancement evaluations. Designed and implemented marketing campaigns to promote program. Choreographed exercise routines.

09/1994 – 05/1996

Exercise Science Instructor, University of Texas at El Paso, Kinesiology Department, El Paso, Texas. Developed and wrote course curriculum. Designed exercise routines for class. Instructed one to two fitness classes per semester.

HONORS AND AWARDS

1. **Peña-Purcell, N.** (May 2017). Epsilon Sigma Phi Multicultural/Diversity Team Award, 1st place national and 1st place Southern Regional.
2. **Peña-Purcell, N.** (March 2017). Society for Public Health Education 2017 Clarence E. Pearson Program Excellence Award: *¡Sí, Yo Puedo Controlar Mi Diabetes!*
3. **Peña-Purcell, N.** (January 2017). Superior Services Diversity Team Award, Texas A&M AgriLife Extension Service.
4. **Peña-Purcell, N.** (September 2016). National Extension Association Family and Consumer Science Mary W. Well Memorial Diversity Team Award, 1st place national and 1st place Southern Regional.
5. **Peña-Purcell, N.** (July 2016). Texas Family and Consumer Science Association Distinguished Achievement Award.
6. **Peña-Purcell, N.** (April 2016). USDA National Institute of Food and Agriculture Jeanne M. Priester Community Health Program: *¡Si, Yo Puedo Controlar Mi Diabetes!*

7. **Peña-Purcell, N.** (June 2012). Awarded a travel scholarship to attend the Robert Wood Johnson Foundation's New Connections Research and Coaching Clinic, Princeton, New Jersey.
8. **Peña-Purcell, N.** (November 2009). Awarded a travel scholarship to attend the Robert Wood Johnson Foundation's New Connections Research and Coaching Clinic, Philadelphia, Pennsylvania.
9. **Peña-Purcell, N.** (June 2009). Awarded a travel scholarship to attend the Robert Wood Johnson Foundation's New Connections Research and Coaching Clinic, Princeton, New Jersey.
10. **Peña-Purcell, N.** (November 2008). Awarded a \$1,000 stipend to attend the Robert Wood Johnson Foundation's New Connections Research and Coaching Clinic, San Diego, California.
11. **Peña-Purcell, N.** (June 2008). Awarded a \$1,000 stipend to attend the Robert Wood Johnson Foundation's New Connections Research and Coaching Clinic, Washington, DC.
12. **Peña-Purcell, N.** (November 2007). Awarded a \$1,000 stipend to attend the Robert Wood Johnson Foundation's New Connections Research and Coaching Clinic, Washington, DC.

PROFESSIONAL AFFILIATIONS

2019 – Present	American Diabetes Association
2015 – Present	American Association of Diabetes Educators
2011 – 2015	American Association of Public Health (APHA)
2009 – Present	American Association Diabetes Educators (AADE)
2009 – Present	Epsilon Sigma Phi
2005 – Present	Texas Society for Public Health Education (TSOPHE)
2003 – Present	Society for Public Health Education (SOPHE)

CERTIFICATIONS

1. Certified Community Health Worker Instructor (2015 – Present)
2. Masters Certified Health Education Specialist (MCHES) (2003 – Present)
3. Y's Way to Fitness Specialists (1991 – 2005)
4. American Council on Exercise (A.C.E.) (1990 – 2006)

SCHOLARLY CONTRIBUTIONS

Refereed Journal Articles

1. Peña-Purcell, N., Abdoh, R., Hong, S.J., Collins, D., Johnson, K. (2021). Assessing Rural Communities' Readiness to Prevent Prescription Drug Misuse among High School Students. *Journal of Alcohol and Drug Education*. 65(1).
2. Smith, M.L., Lee, S., Towne, S.D., Han G., Quinn, C., **Peña-Purcell, N.C.**, Ory, M.G. (2020). Impact of a behavioral intervention on dieting, eating patterns, self-efficacy, and social support. *Journal of Nutrition Education and Behavior*, 52(2), 180-186.
3. Schick, V., Witte, L., Isbell, F. Crouch, C., Umemba, L., & **Peña-Purcell, N.** (2020). A Community-Academic Collaboration to Support Chronic Disease Self-Management among Individuals Living in Permanent Supportive Housing. *Progress in Community Health Partnerships: Research, Education, and Action*, 14(1); 88-99.

4. Harden, S.M., Washburn, L., Berg, A., **Peña-Purcell, N.**, Norman-Burgdolf, H., & Franz N. (2020). A Pathway for Cooperative Extension to Impact Public Health: Process and preliminary outcomes of a facilitated approach to connect Extension professionals in the Southern Region of the United States. *Journal of Human Science and Extension*. 8(1); 191-205.
5. **Peña-Purcell, N.**, Hong, G., Smith, M., Peterson, R., Ory, M. (2019). Impact of Diabetes Self-Management Education on Psychological Distress and Health Outcomes among African Americans and Hispanics/Latinos with Diabetes. *Diabetes Spectrum*. <https://doi.org/10.2337/ds18-0081>
6. **Peña-Purcell, N.**, Rhan, R., & Dailey, T. (2017). An Online Survey Assessing College Students Perceptions about Cigarette Smoking: Implications for Prevention. *American Journal of Health Education*, 49, 3. doi:10.1080/19325037.2018.1428701
7. **Peña-Purcell, N.**, Cutchens, L., & McCoy, T. (2015). “You’ve got to love yourself”: PhotoVoice stories from Hispanic/Latinos and African Americans living with diabetes. *Journal of Transcultural Nursing*, doi:10.1177/1043659617696976
8. Towne, S.D., Jr., Anderson, K.E., Smith, M.L., Dahlke, D.V., Kellstedt, D., **Peña-Purcell, N.**, et al. (2015). Changing organizational culture: using the CEO cancer gold standard policy initiatives to promote health and wellness at a school of public health. *BMC Public Health*, 15, 853. doi:10.1186/s12889-015-2186-3.
9. **Peña-Purcell, N.**, González y González, E., Higuera, M.C., & Jimenez, N. (2014). Participants’ Perspectives of a Culturally Competent Diabetes Education for Hispanic/ Latinos. *California Journal of Health Promotion*, 12(2), 1-12.
10. **Peña-Purcell, N.**, Jiang, L., Ory, M., & Hollingsworth, R. (2015). Translating an evidenced-based diabetes education approach into rural African-American communities: The Wisdom, Power, Control program. *Diabetes Spectrum*, 28(2), 106-115.
11. Freedman, D.A., **Peña-Purcell, N.**, Friedman, D.B., Ory, M., Flocke, S., Barni, M.T., & Hébert, J.R. (2014). Extending cancer prevention to improve fruit and vegetable consumption. *Journal of Cancer Education*, 29(4),790-795.
12. **Peña-Purcell, N.**, & Asomaning, N. (2013). A speed mentoring experience for university student in public health. *TPHA Journal*, 65(3), 29-33.
13. **Peña-Purcell, N.**, & Cutchen, L. (2013). Diabetes self-management education for African Americans: Using the PEN-3 model to assess needs. *American Journal of Health Education*, 44(4), 203-212.
14. **Peña-Purcell, N.**, & Boggess, M. (2013). An application of a diabetes knowledge scale for low-literate Hispanic/Latinos. *Health Promotion Practice*, 15(2), 252-262.
15. Hong, Y., Dahlke, D.V., Hochhalter, A., Ory, M.G., Reynolds, J., **Peña-Purcell, N.**, Talwar, D., & Eugene, N. (2013). Designing iCanFit: A mobile-enabled Web application to promote physical activity for older cancer survivors. *Journal of Medical Internet Research Protocol*, 2(1), e12.
16. **Peña-Purcell, N.**, Bowen, E., Zoumenou, V., Schuster, E.R., Boggess, M., . . . Gerrior, S.A. (2012). Extension professionals’ strengths and needs related to nutrition and health programs. *Journal of Extension*, 50(3). Available online. Article No. 3RIB2.
17. Dorman, M., Wernicke, M., Wood, R., **Peña-Purcell, N.**, & Ory, M. (2011). A skin cancer prevention and early detection program disseminated through cosmetologists using evidence-based curriculum: Talkin’ about Better Skin (TABS). *TPHA Journal*, 63(1), 35-37.
18. Hong, Y., **Peña-Purcell, N.**, & Ory, M. (2011). Outcomes of online support and resources for cancer patients and survivors: A systematic literature review. *Physician Education and Counseling*, 86, 288-296.
19. **Peña-Purcell, N.**, Boggess, M., & Jimenez, N. (2011). An empowerment-based diabetes self-

management education program for Hispanic/Latinos: A quasi-experimental pilot study. *Diabetes Educator*, 37(6), 770-779.

20. **Peña-Purcell, N.** (2008). Hispanics' use of Internet health information: An exploratory study. *The Journal of the Medical Library Association*, 96(2), 101-107.
21. Allison, K., Duran, M., & **Peña-Purcell, N.** (2005). Cervical cancer screening practices among Hispanic women: Theories for culturally appropriate interventions. *Journal of the National Association of Hispanic Nurses*, 3(2), 61-67.

Curricula

1. **Peña-Purcell, N.** (2020). *Think SMART: Teen Prescription Drug Misuse Prevention Program*. Texas A&MAgriLife Extension Service, Texas A&M System.
2. **Peña-Purcell, N. & Seaton, M.** *Heart Strong: A Planning Guide for a Heart Health Conference*. Texas A&MAgriLife Extension Service, Texas A&M System.
3. **Peña-Purcell, N.** (2017). *Building a Healthy Workplace*. Texas A&MAgriLife Extension Service, Texas A&M System.
4. **Peña-Purcell, N.** (2017). *Coping 2 Control: Managing Diabetes Stress*. Texas A&M AgriLife Extension Service, Texas A&M System.
5. **Peña-Purcell, N.** (2017). *Diabetes 1st Step: Live Healthy, Be Hopeful*. Online diabetes education curricula. Texas A&M AgriLife Extension Service, Texas A&M System.
6. **Peña-Purcell, N.** (2017). *Working Well: A Worksite Wellness Planning Guide* (2nd ed.). Texas A&M AgriLife Extension Service, Texas A&M System.
7. **Peña-Purcell, N.** (2017). *HealthTalk Express: Stress less: Mind matters*. Texas A&M AgriLife Extension Service, Texas A&M System.
8. **Peña-Purcell, N.** (2016). *HealthTalk Express: Power to prevent diabetes*. Texas A&M AgriLife Extension Service, Texas A&M System.
9. **Peña-Purcell, N.** (2016). *HealthTalk Express: Be medicine S.M.A.R.T.* Texas A&M AgriLife Extension Service, Texas A&M System.
10. **Peña-Purcell, N.** (2016). *HealthTalk Express: Go-4-Thirty! Take action to be active*. Texas A&M AgriLife Extension Service, Texas A&M System.
11. **Peña-Purcell, N.** (2015). *HealthTalk Express: Stress: Friend or foe?* Texas A&M AgriLife Extension Service, Texas A&M System.
12. **Peña-Purcell, N.** (2015). *HealthTalk Express: Cholesterol matters: Be heart health*. Texas A&M AgriLife Extension Service, Texas A&M System.
13. **Peña-Purcell, N.** (2015). *HealthTalk Express: Pressure down: Controlling your blood pressure*. Texas A&M AgriLife Extension Service, Texas A&M System.
14. **Peña-Purcell, N.** (2015). *HealthTalk Express: ACT F.A.S.T. to prevent a stroke*. Texas A&M AgriLife Extension Service, Texas A&M System.
15. **Peña-Purcell, N.** (2015). *HealthTalk Express: Get Screened, No Excuses*. Texas A&M AgriLife Extension Service, Texas A&M System.
16. **Peña-Purcell, N.,** Towne, S.D. Jr., Vollmer Dahlke D., & Ory, M.G. (2015). *Going for the Gold: Achieving CEO Gold StandardTM Accreditation Guidebook*. Report prepared by Texas A&M School

of Public Health and Texas A&M AgriLife Extension.

17. **Peña-Purcell, N.** (2012). *¡Si, Yo Puedo Controlar Mi Diabetes!* Train-the-Trainer Program. Texas A&M AgriLife Extension Service, Texas A&M System.
18. **Peña-Purcell, N., & Van Zant, G.** (2011). *Wisdom, Power, Control: Lifelong Diabetes Management.* Texas A&M AgriLife Extension Service, Texas A&M System.
19. **Peña-Purcell, N., & Jimenez, N.** (2010). *Interviewer's Manual.* Texas A&M AgriLife Extension Service, Texas A&M System.
20. **Peña-Purcell, N., & Van Zant, G.** (2010). *¡Si, Yo Puedo Controlar Mi Diabetes!* Texas A&M AgriLife Extension Service, Texas A&M System.
21. **Peña-Purcell, N.** (2017). *Working Well: A Worksite Wellness Planning Guide.* (1sted.). Texas A&M AgriLife Extension Service, Texas A&M System.
22. **Peña-Purcell, N.** (2004). *Online Training Manual.* Developed the curriculum manual to train Texas Woman's University faculty in online instruction.

Reports

1. **Peña-Purcell, N.** (August 2018). *Working Well: Cass County Employee Interest Survey Summary Findings.* Texas A&M AgriLife Extension Service, Texas A&M System.
2. **Peña-Purcell, N.** (June 2018). *Working Well: Temple ISD Employee Interest Survey Findings.* Texas A&M AgriLife Extension Service, Texas A&M System.
3. **Peña-Purcell, N.** (January 2018). *Working Well: Shelby County Employee Interest Survey Summary Findings.* Texas A&M AgriLife Extension Service, Texas A&M System.
4. **Peña-Purcell, N.** (May 2018). *Working Well: Comal County Employee Interest Survey Summary Findings.* Texas A&M AgriLife Extension Service, Texas A&M System.
5. **Peña-Purcell, N.** (May 2016). *Working Well: Gregg County Employee Interest Survey Summary Findings.* Texas A&M AgriLife Extension Service, Texas A&M System.
6. **Peña-Purcell, N.** (2009). *Working Well: Hutchinson County Employee Interest Survey Summary Findings.* Texas A&M AgriLife Extension Service, Texas A&M System.
7. **Peña-Purcell, N.** (2007). *External evaluation of the American Lung Association, Western Region, Not on Tobacco Program. Evaluated years 2001 to 2005, Not on Tobacco assessment data.* Analyzed data, formulated a report of findings, and presented results to the American Lung Association's director and staff. Work was performed pro bono.

Fact Sheets

1. **Peña-Purcell, N.** (2008). *Getting Your Employees Active.* Texas A&M AgriLife Extension Service, Texas A&M System.
2. **Peña-Purcell, N.** (2007). *County Agent Talking Points: Dengue Fever.* Texas A&M AgriLife Extension Service, Texas A&M System.

Other Resources

1. **Peña-Purcell, N.** (2019). *Cultural Competency, Health Literacy, and Numeracy.* AADE.
2. **Peña-Purcell, N.** (2016). *Creating a community checklist: A how-to guide.* Texas A&M AgriLife Extension Service, Texas A&M System.

GRANTS AND CONTRACTS**Funded**

- Principal Investigator **Peña-Purcell, N.** (2021). *Your Diabetes, Your Heart*. American Diabetes Association. Amount: \$100,000.00. Project goal: To improve diabetes-related and cardiovascular disease knowledge and self-care skills among people with type 2 diabetes specifically underserved, minority/ethnic populations.
- Principal Investigator **Peña-Purcell, N.** (2020). *Texan Taking Control: An AgriLife Diabetes Education Initiative*. Texas Department of State Health Services. Amount: \$200,000.00. Project goal: To deliver community-based diabetes education to underserved populations in 19 Texas counties.
- Principal Investigator **Peña-Purcell, N.** (September 2019 – August 2021). *Teens Think Smart: A Novel Approach to Preventing Opioid Misuse Among Adolescents in Rural Texas*. USDA National Institute for Food and Agriculture. Amount: \$324, 841.00. Project goal: *Teens Think Smart* is a novel, multi-component community-based prescription misuse prevention intervention targeting rural ninth and 10th grade students.
- Principal Investigator **Peña-Purcell, N.** (June 2016 – August 2016). *Healthy South Texas Diabetes Project*. Texas A&M University. Amount: \$65,000.00. Project Goal: Implement diabetes self-management classes to support the Healthy South Texas initiative.
- Principal Investigator **Peña-Purcell, N.** (January 2015 – May 2015). *Eliminating health disparities*. Robert Wood Johnson Foundation. Amount: \$25,000.00. Project goal: Support travel scholarships at the 2015 National Health Outreach Conference and implementing a Hunger Community Event and Banquet.
- Principal Investigator **Peña-Purcell, N.** (January 2015 – August 2015). *Implementing Diabetes Self-Management Education in Harris and Ft. Bend Counties*. Texas Department of State Health Services. Amount: \$55,000.00 Project goal: To implement *¡Si, Yo Puedo Controlar Mi Diabetes* and *Wisdom, Power, Control* in Texas Coastal Bend region.
- Principal Investigator **Peña-Purcell, N.** (January 2014 – August 2014). *Work@Health Pilot Study*. Amount: \$2,499.00. Centers for Disease Control and Prevention. Project goal: To implement a pilot *Work@Health* pilot face-to-face worksite wellness employer training.
- Principal Investigator **Peña-Purcell, N., & Jiang, L., Co-P.I.** (September 2012 – August 2013). *Wisdom, Power, Control: A Diabetes Self-Management Education Program for Rural African Americans*. USDA National Institute for Food and Agriculture. Amount: \$198,747.00. Project goal: To pilot test a culturally competent diabetes self-management education program for African Americans.

- Principal Investigator **Peña-Purcell, N.** (January 2011 – March 2012). *¡Si, Yo Puedo Controlar Mi Diabetes!* Texas Medical Foundation. Amount: \$43,000.00. Project goal: Implement *¡Si, Yo Puedo Controlar Mi Diabetes!*, a diabetes self-management education program in South Texas border counties.
- Principal Investigator **Peña-Purcell, N.** (September 2009 – August 2010). *Do Well, Be Well con Diabetes: A pilot study of a type 2 diabetes self-management education program for Hispanic/Latino rural older adults.* Amount: \$214,646.00. United States Department of Agriculture, Cooperative State Research, Education, and Extension System (CSREES). Project goal: To pilot test the Spanish *Do Well, Be Well con Diabetes*, a type 2 diabetes self-management program targeting Latino older adults in South Texas. Award # 2009-461- 00-05910. Boggess, M., Co-P.I.
- Co-Principal Investigator **Peña-Purcell, N.** (September 2009 – August 2013). *The Central Texas Cancer Prevention and Control Research Network (CTxCPCRN).* Amount: \$231,050. Serve on the Executive Management team as representative for Texas A&M AgriLife Extension Service. Duties include participating in the development of a breast cancer survivorship intervention, seeking opportunities to promote cancer prevention and control, and serving as primary liaison with the Cancer Prevention and Research Institute of Texas specific to project activities. Sub-award No. S100029. Ory, M., P.I. Amount: \$1,500,000.00.
- Principal Investigator **Peña-Purcell, N.** (August 2006 – July 2007). *Hispanics' Use of Health Information on the Internet: Implications for Healthcare Professionals.* Robert Wood Johnson Foundation. Amount: \$41,887.00. Project goal: Secondary analysis of RWJF's *Impact of the Internet and Advertising on Patients and Physicians, 2001-2000 Survey of Public and Physicians* datasets examining Internet use for health information among Hispanics.
- Submitted, Not Funded**
- Co-Principal Investigator Faries, M., P.I. and **Peña-Purcell, N.**, Co-P.I. (2018). *A multi-level environmental and extension educational approach to improving physical activity and healthy eating of rural, Black/African Americans through local church partnerships in Texas.* Amount: \$2,730,732.00. Project goal: To create an evidence-based, sustainable, and replicable model to reduce chronic disease disparities in rural African Americans.
- Principal Investigator **Peña-Purcell, N.** (2018). *Healthy Kids, Safe Homes: A Novel Approach to Preventing Opioid Misuse/Abuse in Rural Texas.* Amount: \$322,007.00. Project goal: To explore a multi-level opioid misuse and abuse prevention program targeting adolescents, parents, and community environment.
- Principal Investigator **Peña-Purcell, N.** (2017). *Coping 2 Control (C2C): Engaging Rural Communities and Healthcare Systems to Address*

Diabetes Distress In Adults With Type 2 Diabetes. Amount: \$350,000.00. Project goal: Examine the impact of C2C delivered in two formats: 1) three-week intervention, and 2) an online, self-paced three- module course.

Principal Investigator

Peña-Purcell, N. (2017). *Engaging Communities to Promote a Culture of Health: A Texas A&M AgriLife Initiative* Amount: \$61,937.00. Project goal: Conduct community needs assessment in three Panhandle counties and develop an action plan.

Co-Principal Investigator

Hong, Y., & **Peña-Purcell, N.** (2016). *Sepan más. Actúen, a Culturally Relevant and Tailored Communication Strategy to Raise Awareness about Breast Cancer Environmental Risks among Hispanic Women with Diabetes and Prediabetes*. National Institutes of Health. Amount \$220,385.00. Project goal: Develop a culturally appropriate risk communication and breast cancer prevention program for undeserved Hispanic women with diabetes or prediabetes through promotores approach and tailored messaging.

Principal Investigator

Peña-Purcell, N. (2015). *Closing the Gap in South Texas Diabetes Disparities: Reaching Hispanic/Latinos through Community Engagement and mHealth Strategies*. National Institute of Health. Amount: \$513,000.00. Project goal: Explore a Community Health Worker (CHW) model to implement *¡Sí Yo Puedo Controlar Mí Diabetes (¡Sí, Yo Puedo)*, an evidenced-based diabetes self- management (DSME) intervention for low-literate Spanish-speaking Hispanic/Latinos.

Principal Investigator

Peña-Purcell, N. (2014). *Texans Taking Control: Texas A&M AgriLife Extension Service Communities Diabetes Education Programs to Improve Health Outcomes*. Texas Department of State Health Services. Amount: \$416,648.00. Project goal: To implement *Do, Well, Be Well, ¡Si, Yo Puedo Controlar Mi Diabetes* and *Wisdom, Power, Control* in 24 Texas counties.

Principal Investigator

Peña-Purcell, N. (2014). *Building Infrastructure Leading to Diversity (BUILD) Center of Texas*. National Institutes of Health. RM-13-016. Kilburn, J.C. Sub-award Amount: \$113,077.00 at 6% FTE Years 2 to 5.

Principal Investigator

Peña-Purcell, N. (2013). *Implementing Wisdom, Power, Control in Multiple Settings: Examining the Translation of an Evidence-based Intervention*. American Diabetes Association Translational Science Award. Amount: \$562,116.00.

Principal Investigator

Peña-Purcell, N. (2012). *Reducing Breast Cancer Disparities: Survivorship plans and wellness promotion*. Susan G. Komen for the Cure. Sub-award Amount: \$69,571. Total amount: \$999,809.00.

Co-Principal Investigator

Peña-Purcell, N. (2012). *ALIFE - Active Living After Cancer*. Patient- centered Outcomes Research Institute (PCORI). Sub-

- award Amount: \$53,750. Total Amount: \$1,799,242.00.
- Co-Principal Investigator **Peña-Purcell, N.** (2012). *Promoting a Healthier and Safer Workforce in a Large Helicopter Facility*. RO1 PAR-10-188: Occupational Safety and Health Research. Sub-award Amount: \$43,844.00. Congleton, J., P.I., & Ory, M.
- Co-Principal Investigator **Peña-Purcell, N.** (2011). *A Pilot Study of a Train-the-Trainer Curriculum for a Culturally Appropriate Diabetes Education Program Targeting Hispanic/Latinos*. P30: Texas Resource Center on Minority Aging Research. Sub-award Amount: \$20,000.00. Markides, K., P.I.
- Principal Investigator **Peña-Purcell, N.** (2011). *Yes, I Can Control My Diabetes!: A Culturally Tailored Approach to Improve Diabetes Self-Management among African American Women*. Bristol-Myers Squibb Foundation. Amount: \$299,713.00. Project goal: Improve diabetes self-management among African American women with type 2 diabetes.
- Principal Investigator **Peña-Purcell, N.** (2011). *Yes, I Can Control My Diabetes!: A Diabetes Self-Management Education Program for Rural African Americans*. USDA National Institute for Food and Agriculture. Amount: \$299,357.00. Project goal: To pilot test a culturally competent diabetes self-management education program for African Americans.
- Principal Investigator **Peña-Purcell, N.** (2008). *Designing a Culturally Appropriate Type 2 Diabetes Self-management Intervention for Low-literate Mexican Americans: A Pilot Study of the Do Well, Be Well with Diabetes Program*. American Diabetes Association. Amount: \$100,000.00. Project goal: Pilot test the Spanish *Do Well, Be Well with Diabetes* curricula.
- Principal-Investigator **Peña-Purcell, N.** (2008). *Texas A&M AgriLife Extension Service Spanish Do Well, Be Well with Diabetes, Nueces County, Texas*. Texas Department of State Health Services (DSHS), Texas Diabetes Council. Amount: \$80,000.00. Project goal: Implement *Do Well, Be Well with Diabetes* (Spanish), a culturally adapted diabetes self-management program for low-literate, Spanish-speaking Latinos, in Nueces, County, Texas.

PEER-REVIEWED PROCEEDINGS*

International

1. **Peña-Purcell, N.** (December 2016). *"You've got to love yourself": PhotoVoice stories from African Americans and Hispanic/Latinos living with diabetes*. Presentation at the 2016 International Congress of Behavioral Medicine, Melbourne, Australia.
2. **Peña-Purcell, N.** (December 2016). *Assessing college students' perceptions about cigarette smoking: implications for prevention*. Presentation at the 2016 International Congress of Behavioral Medicine, Melbourne, Australia.

National

1. **Peña-Purcell, N.** (April 2021). *Community readiness to prevent prescription drug misuse among rural Texas teens: The ThinkSMART Project*. Presentation at the SOPHE 2021 Virtual Meeting.
2. McNeil, B., Shipley, M. & **Peña-Purcell, N.** (April 2021). *Teaching students to Think Smart about opioids*. Presentation at the SOPHE 2021 Virtual Meeting.
3. **Peña-Purcell, N.** (August 2019). *Impact of Diabetes Self-management Education and Support on Psychological Distress among African Americans and Hispanic/Latinos with Diabetes*. Presentation at the AADE19 Annual Meeting, Houston, Texas.
4. **Peña-Purcell, N.** (May 2018). *Promoting a culture of health in worksites*. Presentation at the 2018 National Health Outreach Conference, Minneapolis, Minnesota.
5. **Peña-Purcell, N., & Rhan, R.** (May 2018). *Assessing College Students' Perceptions about Cigarette Smoking: Implications for Prevention*. SOPHE 69th Annual Meeting, Columbus, Ohio.
6. **Peña-Purcell, N.** (November 2017). *"You've got to love yourself": PhotoVoice stories from African Americans and Latinos Living with Diabetes*. Presentation at the Transcultural Nursing Society 43rd Annual Conference, New Orleans, Louisiana.
7. **Peña-Purcell, N.** (July 2017). *PhotoVoice stories of Latinos living with Type 2 Diabetes*. Presentation at the National Association of Hispanic Nurses 42nd Annual Conference, Phoenix, Arizona.
8. **Peña-Purcell, N.** (March 2017). *HealthTalk Express: Raising Awareness About Chronic Disease Prevention*. Presentation at the SOPHE 68th Annual Meeting, Denver, Colorado.
9. **Peña-Purcell, N.** (September 2017). *Empowering minorities with diabetes education*. Presentation at the National Extension Association of Family and Consumer Sciences 2016 Annual Session, Bozeman, Montana.
10. **Peña-Purcell, N.** (April 2016). *R² Formula to Promote Recruitment and Retention*. Presentation at the 2016 National Health Outreach Conference, Roanoke, Virginia.
11. **Peña-Purcell, N.** (May 2015). *Engaging County Agents in Health Program Development: The HealthTalk Express Exemplar*. Presentation at the 2015 National Health Outreach Conference, Atlanta, Georgia.
12. **Peña-Purcell, N.** (April 2015). *PhotoVoice stories of faith and hope: Hispanic/Latinos and African Americans living with diabetes*. Presentation at the Society of Behavioral Medicine 36th Annual Meeting & Scientific Sessions, San Antonio, Texas.
13. **Peña-Purcell, N.** (March 2014). *Translating an evidence-based diabetes education approach into rural African American communities: The Wisdom, Power, Control program*. Presentation at the SOPHE 65th Annual Meeting, Baltimore, Maryland.
14. **Peña-Purcell, N.** (April 2013). *Diabetes self-management education for African Americans: Using the PEN-3 model to assess needs*. Presentation at the SOPHE 64th Annual Meeting, Orlando, Florida.
15. **Peña-Purcell, N.** (October 2011). *A qualitative evaluation of a culturally competent diabetes education for Hispanic/Latinos*. Presentation at the APHA 139th Annual Meeting, Washington, DC.
16. **Peña-Purcell, N.** (November 2010). *¡Si, Yo Puedo Controlar Mi Diabetes!: A pilot study targeting Hispanic/Latino older adults in South Texas*. Presentation at the SOPHE Annual Meeting, Denver, Co.

17. **Peña-Purcell, N.** (August 2010). *¡Si, Yo Puedo Controlar Mi Diabetes!: A pilot study targeting Hispanic/Latino older adults in South Texas*. Presentation at the American Association for Diabetes Educators, San Antonio, Texas. **First place poster recipient.**
18. **Peña-Purcell, N.,** & Bowen, E. (April 2010). *A survey to identify Extension's strengths and needs related to nutrition and health programs*. Concurrent session presentation at the Priester National Extension Health Conference, Mobile, Alabama.
19. **Peña-Purcell, N.** (April 2009). *Working Well: A Texas Extension partnership to promote a healthy Texas workforce*. Presentation at the Priester National Extension Health Conference, Indianapolis, Indiana.
20. **Peña-Purcell, N.** (June 2007). *Hispanics' perceptions about Internet health information: Implications for health care providers*. Poster accepted for presentation at the Academy Health Annual Research Meeting, Orlando, Florida.
21. **Peña-Purcell, N.** (May 2007). *Hispanics' perceptions about Internet health information: Implications for health care providers*. Presentation at the Robert Wood Johnson's New Connections Initiative Annual Grantee Symposium, Princeton, New Jersey.
22. **Peña-Purcell, N.** (December 2005). *Psychosocial aspects of college smokers versus non-smokers*. Poster accepted for presentation at the SOPHE (2005) 56th Annual Meeting, Philadelphia, Pennsylvania.

State/Local

1. **Peña-Purcell, N.** (October 2017). *Community asset mapping: A resource treasure hunt*. TSOPHE 2017 Conference, Waco, Texas.
2. **Peña-Purcell, N.,** Asomaning, N., & Anzaldula, A. (March 2013). *Speed mentoring experience for college students in public health*. Poster presentation at the Texas Public Health Association Annual Meeting, San Antonio, Texas.
3. Hong, Y., Dahlke, D.V., Ory, M.G., Hochhalter, A., Reynolds, J., **Peña-Purcell, N.,** & Laguillo, G. (October 2012). *Design of a mobile-based Web application to promote physical activity for older cancer survivors: Results from a mixed-methods formative research*. Poster presentation at the 2012 Innovations in Cancer Prevention and Research Conference, Austin, Texas.
4. Wood, R., Kellstedt, D., **Peña-Purcell, N.,** & Ory, M. (March 2012). *A mini grant demonstration project: A community approach to increased physical activity*. Poster presentation at the Texas Public Health Association Annual Meeting, Arlington, Texas.
5. **Peña-Purcell, N.,** Hong, Y., Saldivar, I.M., & Ory, M. (January 2011). *Outcomes of online support for cancer patients and survivors: A systematic literature review*. Presentation at the University of Texas MD Anderson Cancer Center Cancer Survivorship Research Symposium, Houston, Texas.
6. Hong Y., **Peña-Purcell, N.,** Saldivar I.M., & Ory, M. (November 2010). *Outcomes of online support for cancer patients and survivors: A systematic literature review*. Presentation at Texas A&M Health Science Center Research Symposium, College Station, Texas.
7. **Peña-Purcell, N.** (March 2009). *Partnerships to Promote a Healthy Texas Workforce*. Presentation at the Texas Society for Public Health Education, Houston, Texas.

*Abstracts published in meeting proceedings.

INVITED PRESENTATIONS

National

1. **Peña-Purcell, N.** (February 2021). *Reaching minority populations with tailored diabetes education: Research to reality*. Virtual presentation at the University of Georgia, College of Family and Consumer Sciences.
2. **Peña-Purcell, N.** (June 2019). *Using Innovative Educational Strategies to Reach the Underserved—Community Health Workers, Peer Educators, and More*. Presentation at the 79th ADA Scientific Session, San Francisco, California.
3. **Peña-Purcell, N.** (November 2014). *Connecting and educating minorities with diabetes: A culturally relevant approach*. [Video webinar.] National Institute for Food and Agriculture (NIFA) Smith-Lever Centennial Webinar.
4. **Peña-Purcell, N.** (August 2013). *Translating an evidence-based approach in diabetes education for African Americans: The Wisdom, Power, Control Program*. [Video webinar.] Community of Practice (CoP) Creating Healthy Communities Webinar Series.
5. **Peña-Purcell, N.** (October 2009). *Working Well: Promoting a healthy workforce*. [Video webinar.] Purdue University Extension Online Specialist training.

State/Regional

1. **Peña-Purcell, N.** (February 2021). *Community readiness model for preventing rural teen prescription drug misuse and abuse*. Virtual presentation for the Translational Research Seminar Series at the University of Texas Health Science Center School of Public Health.
2. **Peña-Purcell, N.** (October 2020). *Taking care of YOU: Mind, Body, and Spirit*. Presentation at the Childcare Provider Virtual Conference.
3. **Peña-Purcell, N., & McLaughlin, J.** (August 2018). *Win with Wellness: Improving employees health*. Central Texas Human Resource Manager Association Meeting, Belton, Texas.
4. **Peña-Purcell, N.** (August 2018). *Novel approaches to expand reach and increase impact*. [Video webinar.] Family and Community Health Agent Training.
5. **Peña-Purcell, N.** (June 2018). *Building a Healthy Workplace: A how-to blueprint*, Victoria, Texas.
6. **Peña-Purcell, N.** (June 2018). *Building a Healthy Workplace: A how-to blueprint*, Corpus Christi, Texas.
7. **Peña-Purcell, N.** (May 2018). *Worksite Wellness Overview*. District 9 Family and Community Health County Agent Meeting, Liberty, Texas.
8. **Peña-Purcell, N.** (April 2018). *Designing Health Program: Concept to real world impact*. 2018 Prairie View A&M Cooperative Extension State Training Conference, San Antonio, Texas.
9. **Peña-Purcell, N.** (April 2018). *Building a Healthy Workplace: A how-to blueprint*, Laredo, Texas.
10. **Peña-Purcell, N.** (April 2018). *Building a Healthy Workplace: A how-to blueprint*, Weslaco, Texas.
11. **Peña-Purcell, N.** (February 2018). *Health community café: Meaning dialogue, sharing ideas*. District Family and Community Health Agent Training, San Angelo, Texas.
12. **Peña-Purcell, N.** (February 2018). *Building a Healthy Workplace: A how-to blueprint*, Grapevine, Texas.
13. **Peña-Purcell, N.** (October 2017). *Building an employee wellness plan from the ground up*, Belton, Tx.

14. **Peña-Purcell, N.** (April 2018). *Partnering for Better Care: The Value of Community Partnerships*. Texas American Association of Diabetes Educators, Round Rock, Texas.
15. **Peña-Purcell, N.** (June 2017). *My Healthy County, Taking Action, Changing Lives*. [Video webinar.] District 3 & 4 Family and Community Health Agent Meeting.
16. **Peña-Purcell, N.** (October 2016). *Working Well: Expanding reach to promote healthy worksite*. [Video webinar.] Family and Community Health County Agent Training.
17. **Peña-Purcell, N.** (October 2014). *Thinking big to reach minorities with diabetes: Research to real world solutions*. Texas A&M University Department of Nutrition and Food Science, College Station, Texas.
18. **Peña-Purcell, N.** (October 2014). *A culture of health: Simple changes, big rewards*. Bryan/ College Station Chamber of Commerce Meeting, Bryan, Texas.
19. **Peña-Purcell, N.** (March 2014). *My Healthy County, Taking Action, Changing Lives*. [Video webinar.] Family and Community Health Agent District 9, 10 and 12 Meeting.
20. **Peña-Purcell, N.** (October 2013). *Translating evidence-based approaches to improve health outcomes among minority populations with type 2 diabetes*. Texas Diabetes Council Meeting, Austin, Texas.
21. **Peña-Purcell, N.** (September 2012). *¡Si, Yo Puedo Controlar Mi Diabetes! Peer Training Program*. Wesley Nurse Health Ministries Forum, San Antonio, Texas.
22. **Peña-Purcell, N.** (May 2012). *¡Si, Yo Puedo Controlar Mi Diabetes! Curriculum Training*. Wesley Nurse Health Ministries Forum, San Antonio, Texas.
23. **Peña-Purcell, N.** (December 2010). *Keeping your employees well*. District County Judges and Commissioners Conference, Southeast Extension District 9, Conroe, Texas.
24. **Peña-Purcell, N.** (November 2010). *¡Si, Yo Puedo Controlar Mi Diabetes! Gonzalez County Inter-agency Meeting*, Gonzalez, Texas.
25. **Peña-Purcell, N.** (September 2010). *¡Si, Yo Puedo Controlar Mi Diabetes! Curriculum training*. Wesley Nurse Health Ministries Forum, San Antonio, Texas.
26. **Peña-Purcell, N.** (September 2010). *¡Si, Yo Puedo Controlar Mi Diabetes! Texas Diabetes Prevention and Control Program at the Texas Department of State Health Services, Community Diabetes Projects Training*, Austin, Texas.
27. **Peña-Purcell, N.** (September 2010). *Working Well: Texas A&M AgriLife Extension Service wellness resources*. State Agency Wellness Conference, Austin, Texas.
28. **Peña-Purcell, N., & Kemp, T.** (April 2010). *Wellness at work: Good business cents*. 18th Annual Maintaining Quality of Life Conference, College Station, Texas.
29. **Peña-Purcell, N.** (October 2009). *Working Well Planning Guide: Planning, evaluating, and expanding worksite health promotion*. State Agency Wellness Conference, Austin, Texas.
30. **Peña-Purcell, N.** (September 2009). *Working Well: Planning your worksite wellness program*. A four-hour workshop conducted for state agency wellness coordinators at the Texas Department of State Health Service headquarters, Austin, Texas.
31. **Peña-Purcell, N.** (May 2009). *Partnerships to promote a healthy Texas workforce*. Concurrent session presentation at the Active Life Summit, Austin, Texas.

32. **Peña-Purcell, N.** (March 2009). *Stress: The Spice of Life*. Young Women of Distinction Spring Retreat, College Station, Texas.
33. **Peña-Purcell, N.** (June 2008). *Winner take all: Healthy, fit, and wise*. Texas Educational Support Staff Association Summer Work Conference, Houston, Texas.
34. **Peña-Purcell, N.** (May 2008). *Examining Health Disparities in Nutritional Status among Minority Populations*. Expanded Food and Nutrition Education Program (EFNEP) Quarterly Meeting, College Station, Texas.
35. **Peña-Purcell, N.** (February 2008). *The L.E.A.R.N. Principal: Reaching Adult Audiences*. Family and Consumer Science Agent Districts 9, 10 and 12 Retreat. Texas A&M University, College Station, Texas.
36. **Peña-Purcell, N.** (February 2008). *Woman to Woman: Empowering women in health care decisions*. Family and Consumer Science Agent Retreat. Texas A&M University, College Station, Texas.
37. **Peña-Purcell, N.** (October 2007). *Certified Health Education Specialist Exam Preparation Course*. TSOPHE Fall Conference, Denton, Texas.

Invited Lectures

1. **Peña-Purcell, N.** (Spring 2021). *Reaching minority populations with tailored diabetes education: Research to reality*. Lecture presented in PHSB 611. Texas A&M University Health Science Center, School of Public Health.
2. **Peña-Purcell, N.** (Spring 2018). *Designing Health Program: Concept to real world impact*. Lecture presented in PHSB 611. Texas A&M University Health Science Center, School of Public Health.
3. **Peña-Purcell, N.** (Spring 2017). *Redefining Culture in Health Programs*. Lecture presented in PHSB 612. Texas A&M University Health Science Center, School of Public Health.
4. **Peña-Purcell, N.** (Fall 2015). *R² for Recruitment and Retention: Relevance and Relationships*. Lecture presented in PHSB 672. Texas A&M University Health Science Center, School of Public Health.
5. **Peña-Purcell, N.** (Spring 2014). *R² for Recruitment and Retention: Relevance and Relationships*. Lecture presented in PHSB 672. Texas A&M University Health Science Center, School of Public Health.
6. **Peña-Purcell, N.** (Spring 2012). *Recruitment and Retention in Health Promotion: Expanding Program Reach*. Lecture presented in PHSB 672. Texas A&M University Health Science Center, School of Public Health.
7. **Peña-Purcell, N.** (Spring 2012). *Wisdom, Power, Control: A Culturally Sensitive Approach to Diabetes Education for African Americans*. Lecture presented in PHSB 612. Texas A&M University Health Science Center, School of Public Health.
8. **Peña-Purcell, N.** (Spring 2011). *¡Si, Yo Puedo Controlar Mi Diabetes!: A Community-based Approach to Diabetes Self-Management*. Lecture presented in PHSB 612. Texas A&M University Health Science Center, School of Public Health.
9. **Peña-Purcell, N.** (Spring 2010). *The ABC's of Planning a Community-based Diabetes Education Program: Lessons Learned from Real-world Applications*. Lecture presented in PHSB 612. Texas A&M University Health Science Center, School of Public Health.

CONSULTANT

1. **Peña-Purcell, N.** (2016). Yale University School of Nursing. *Sí, Yo Puedo! Diabetes self-management education + mHealth in Mexico City, Mexico*. P.I. Robin Wittemore, Ph.D., APRN, FAAN. Role in project: Advise in the implementation of the curricula and training of staff.

PROFESSIONAL ACTIVITIES

1. **Peña-Purcell, N.** (2021 - 2023). Society for Public Health Education (SOPHE). Board of Trustee for Professional Development and Continuing Education.
2. **Peña-Purcell, N.** (2019 - 2020). Texas Education Agency, Health Education Texas Essential Knowledge and Skills (TEKS) Review Work Group. Updating Health Education TEKS.
3. **Peña-Purcell, N.** (2018). Texas A&M Center Opioid Collaboratory, Member.
4. **Peña-Purcell, N.** (2017). Texas A&M Center for Population Health and Healthy Aging, Executive Board Member.
5. **Peña-Purcell, N.** (January 2017 – June 2017). Centers for Disease Control and Prevention and NORC University of Chicago. Expert panelist for the diabetes self-management education project.
6. **Peña-Purcell, N.** (January 2017 – Present). Board member for the National Commission for Health Education Specialists (NCHES). Serving on the Division Board for Certification of Health Education Specialists (DBCHES).
7. **Peña-Purcell, N.** (2013 - Present). Texas Diabetes Council, Outcomes Sub-committee.

EXTRACURRICULAR UNIVERSITY SERVICE

Journal Reviewer

1. Reviewer, *Frontiers in Public Health*, 2020 & 2021
2. Reviewer, *Journal of Human Sciences and Extension*, 2020
3. Reviewer, *Journal of Human Sciences and Extension*, 2019
4. Reviewer, *Journal of the Medical Library Association*, 2018
5. Reviewer, *Southern Medical Journal*, 2018
6. Reviewer, *Frontiers in Public Health*, 2018
7. Reviewer, *Journal of Human Sciences and Extension*, 2017
8. Reviewer, *Clinical Diabetes*, 2017
9. Reviewer, *Diabetes Spectrum*, 2017
10. Reviewer, *International Journal of Environmental Research and Public Health*, 2017
11. Reviewer, *Southern Medical Journal*, 2017
12. Reviewer, *Southern Medical Journal*, 2016
13. Reviewer, *Health Promotion and Practice*, 2015
14. Article Editor, *Sage Publications*, 2014
15. Reviewer, *Diabetes Spectrum*, 2013 – Present
16. Reviewer, *Health Promotion and Practice*, 2013 – Present

17. Reviewer, *Southern Medical Journal*, 2013 – Present
18. Reviewer, *Journal of the Medical Library Association (JMLA)*, 2011 – Present
19. Reviewer, *Health Insights*, 2012 – Present
20. Reviewer, *International Journal of Diabetes in Developing Countries (JDDC)*, 2012 – Present
21. Reviewer, *Journal of Health Care for the Poor and Underserved (JHCPU)*, 2012 – Present

Grant Reviewer

1. Reviewer, United States Department of Agriculture (USDA), National Institute of Food and Agriculture (NIFA), 2015. *Food, Agriculture, Natural Resources and Human Sciences Education and Literacy Initiative*
2. Reviewer, *Diabetes UK*, 2012

Dissertation Committee Member

1. Stelzig, Donaji. DrPH in Environmental and Occupational Health, Texas A&M University, 2019

SERVICE/COMMITTEES

National

1. 2019 National Health Outreach Conference, Dallas, Texas, May 2019
2. 2017-2018 National Health Outreach Conference, Planning Committee 2018 Annual Meeting
3. 2017-2018 Society for Public Health Education, Planning Committee 2018 Annual Meeting
4. 2014-2015 National Health Outreach Conference, Planning Committee
5. Texas Extension Emergency Management Steering Committee, 2014
6. e-Xtension Cooperative Extension, Community of Practice Diabetes, Member Planning Committee, 2011
7. e-Xtension Cooperative Extension, Community of Practice Community Health, Member Planning Committee, 2010 – Present
8. National Institute of Food and Agriculture, Health and Nutrition Committee, Member, 2008 – 2011
9. Priester National Extension Health Conference Planning Committee, Continuing Education Subcommittee Member, 2008, 2009, 2012
10. SOPHE Mid-Year Conference Planning Committee, Publicity and Continuing Education Subcommittee Member, 2008, 2009, 2011
11. SOPHE Annual Advocacy Summit Planning Committee, Awards Subcommittee Member, 2008
12. SOPHE Annual Meeting Planning Committee, Awards Subcommittee Member, 2008

State and Local Non-AgriLife Extension

1. Breast Health Collaborative of Texas, Board Member, 2013
2. Texas Society for Public Health Education, President, 2010 – 2011
3. Bryan-College Station Worksite Wellness Committee, Member, 2009 – Present

4. Bryan Independent School District's School Health Advisory Committee (SHAC), Member, 2008 – 2010
5. Executive Board member for the El Paso Independent School District's School Health Advisory Committee (SHAC), Member and co-chair of the Research and Evaluation Sub-committee, 2004 – 2007
6. El Paso Smoke-free Coalition, Member, 2004 – 2007

Other

1. Reviewer, Promotion Packet for Extension Specialist, University of Hawaii, Summer 2012

PROFESSIONAL IMPROVEMENT ACTIVITIES**State/Local Conferences/Seminars**

1. Cancer Survivorship Research Symposium, Houston, Texas, January 2011
2. TSOPHE Fall Conference, College Station, Texas, October 2010

National Conferences/Seminars

1. SOPHE 68th Annual Meeting, Denver, Colorado, November 2017
2. International Congress of Behavioral Medicine, 2016 Meeting, Melbourne, Australia, December 2016
3. National Extension Association of Family & Consumer Sciences 2016 Annual Meeting, Big Sky, Montana, September 2016
4. Texas Extension Association of Family & Consumer Sciences 2016 Annual Meeting, Lubbock, Texas, July 2016
5. American Association Diabetes Educators, 2016 Meeting, San Diego, California, August 2016
6. National Health Outreach Conference 2016 Meeting, Roanoke, Virginia, April 2016
7. National Health Outreach Conference 2015 Meeting, Atlanta, Georgia, May 2015
8. Society of Behavioral Medicine, 36th Annual Meeting & Scientific Session, San Antonio, Texas, April 2015
9. American Public Health Association 142th Annual Meeting, New Orleans, Louisiana, October 2014
10. SOPHE 65th Annual Meeting, Baltimore, Maryland, March 2014
11. SOPHE 64th Annual Meeting, Orlando, Florida, April 2013
12. SOPHE 63th Annual Meeting, San Francisco, California, October 2012
13. APHA 139th Annual Meeting, Washington, DC, October 2011
14. SOPHE 61st Annual Meeting, Denver, Colorado, November 2010
15. American Association for Diabetes Educators Annual Meeting, San Antonio, Texas, August 2010.
16. Priester National Extension Health Conference, Mobile, Alabama, April 2010
17. Priester National Extension Health Conference, Indianapolis, Indiana, April 2010.
18. SOPHE Midyear Scientific Conference, New Orleans, Louisiana, November 2009

19. Priester National Extension Health Conference, Mobile, Alabama, April 2000
20. Third State Agency Wellness Conference, Austin, Texas, September 2010
21. TSOPHE Spring Conference, Denton, Texas, March 2010
22. TSOPHE Fall Conference, San Antonio, Texas, October 2009
23. Second State Agency Wellness Conference, Austin, Texas, September 2009
24. TSOPHE Spring Conference, Denton, Texas, March 2009
25. TSOPHE Fall Conference, Houston, Texas, October 2008
26. First State Agency Wellness Conference, Austin, Texas, September 2008.